



22 November 2016

Dear Parents/Carers,

We understand that there has been a recent craze on **You Tube** about children holding their breath, making themselves dizzy and passing out. Unfortunately, some of our pupils decided to do this which has resulted in a serious accident occurring. As a measure of precaution, all staff; including lunchtime supervisors, have been informed about the 'craze' and the signs to look out for to ensure pupils do not engage in this activity again. I have also spoken to the whole school in an assembly this morning, to warn our pupils of the dangers of participating in such an act.

I am now appealing to parents and carers to please be vigilant about what your child watches on **You Tube** and to talk to them, if it is appropriate, about the dangers of this craze.

I welcome your support in this matter to ensure no other pupil has an accident.

Yours Sincerely

*CThomas*

Cath Thomas  
Headteacher